



## The Catholic High School Student Health Questionnaire

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ YOG \_\_\_\_\_

### Assessment of Student Health - To be completed by Parent or Legal Guardian

To the best of your knowledge, has your child had any problem with the following? Please check and provide comments if yes.

	YES	NO	Comment		YES	NO	Comment
Allergies: Medicine				Lead Poisoning/Exposure			
Allergies: Food/Seasonal				Learning Problems, Disabilities			
Asthma				Limits on Physical Activity			
Behavioral or Emotional				Meningitis			
Birth Defects				Prematurity			
Bleeding Problems				Problem with Bladder			
Cerebral Palsy				Problem with Bowels			
Dental				Problem with Coughing			
Diabetes				Seizures			
Ear Problems/Deafness				Severe Allergic Reactions			
Eye/Vision Problems				Sickle Cell Disease			
Head Injury				Speech Problems			
Heart Problems				Surgery			
Hospitalizations (when/where)				OTHER			

2. Current Medical Conditions: \_\_\_\_\_

3. Current Medications: \_\_\_\_\_

4. Emergency Medications: \_\_\_\_\_

5. Age Menstruation began: \_\_\_\_\_

6. Family History of (Circle all that apply): Asthma      Diabetes      Migraines      Epilepsy  
    Kidney Problems      High Blood Pressure

a. If Yes, note relation to Student: \_\_\_\_\_

7. Has your daughter ever been diagnosed with a head injury or concussion by a medical professional?

If YES, How Many? \_\_\_\_\_ Date of Most Recent Concussion \_\_\_\_\_

8. Any other relevant information: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Parent Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_



## The Catholic High School Medical: Physical Examination

*To be completed **ONLY** by Physician/NP/PA*

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ YOG \_\_\_\_\_

1. Does the child have a diagnosed medical condition? No \_\_\_\_ YES \_\_\_\_\_  
\_\_\_\_\_
2. Is the child on regular medication(s)? No \_\_\_\_ YES \_\_\_\_\_  
\_\_\_\_\_
3. Does the child have a health condition which may require **EMERGENCY ACTION** while she is at school? (e.g., seizure, insect sting allergy, asthma, bleeding problem, diabetes, heart problem, or other problem) If yes, please **DESCRIBE** and **attach an emergency action plan**.  
No \_\_\_\_ YES \_\_\_\_\_  
\_\_\_\_\_

Physical Exam	WNL	ABNL	Area of Concern	Health Area of Concern	YES	NO
Head				Attention Deficit / Hyperactivity		
Eyes				Behavior / Adjustment		
ENT				Development		
Dental				Hearing		
Respiratory				Immunodeficiency		
Cardiac				Lead Exposure / Elevated Lead		
GI / GU				Learning Disabilities / Problems		
Menstrual Cycles				Mobility		
Musculoskeletal/Orthopedic				Nutrition (e.g. Eating disorder)		
Neurological				Physical Illness / Impairment		
Skin				Psychosocial		
Endocrine				Speech / Language		
Psychosocial				Vision		
OTHER				OTHER		

4. Date of most recent **TETANUS** immunization \_\_\_\_\_ (Please include copy of immunization record)

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ BP: \_\_\_\_\_ Pulse: \_\_\_\_\_ Vision: \_\_\_\_\_/20

**Remarks:** Please explain any abnormal findings/health concerns or other medical issues that the school health or Athletic Staff should be aware of:

☐ **Cleared** for ALL Physical Activity

☐ **NOT CLEARED** - Reason: \_\_\_\_\_

\_\_\_\_\_  
Examiner Name (Print or Type)

\_\_\_\_\_  
Examiner Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Address (City, State, Zip)

\_\_\_\_\_  
Phone Number