

The Catholic High School of Baltimore

WEEKLY

DECEMBER 9 – DECEMBER 13

		<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	
Breakfast	Available everyday	Smoothie Bowl \$5 Banana, oats, fresh berries, honey Smoothies \$5 French Toast Sticks \$4 Sliced French toast served w/ warm maple syrup & melted butter Bacon Scrambled Eggs Breakfast Sandwich \$6 Choice bagel or English muffin	Smoothie Bowl \$5 Banana, oats, fresh berries, honey Smoothies \$5 French Toast Sticks \$4 Sliced French toast served w/ warm maple syrup & melted butter Bacon Scrambled Eggs Breakfast Sandwich \$6 Choice bagel or English muffin	Smoothie Bowl \$5 Banana, oats, fresh berries, honey Smoothies \$5 French Toast Sticks \$4 Sliced French toast served w/ warm maple syrup & melted butter Bacon Scrambled Eggs Breakfast Sandwich \$6 Choice bagel or English muffin	Smoothie Bowl \$5 Banana, oats, fresh berries, honey Smoothies \$5 French Toast Sticks \$4 Sliced French toast served w/ warm maple syrup & melted butter Bacon Scrambled Eggs Breakfast Sandwich \$6 Choice bagel or English muffin	Smoothie Bowl \$5 Banana, oats, fresh berries, honey Smoothies \$5 French Toast Sticks \$4 Sliced French toast served w/ warm maple syrup & melted butter Bacon Scrambled Eggs Breakfast Sandwich \$6 Choice bagel or English muffin	Available everyday Muffins \$4, Overnight Oats \$5, Fresh Fruit \$1 Fruit Salad
Lunch	Daily Soup \$5 Chicken Noodle Soup of the Day \$5	Diaspora Plate \$10 (4) Jerk Wingettes or Spiced Honey Wingettes, Baked Mac & Cheese, Greens	Mexican Fried Rice \$9 Pasture raised grilled chicken, seasoned rice: can add salsa, sour cream, black beans, guacamole, cheese.	French Bread Pizza Pepperoni \$8 Cheese \$7 Red sauce, mozzarella, French bread	Pit Turkey Sandwich \$9 Pasture raised turkey, brioche bun with choice of cole slaw or potato salad	Loaded Tots \$9 Choice of chicken or chili, bacon, sour cream, guacamole, salsa, queso, cheddar, chives, pickled jalapenos	Available everyday Kosher beef hotdogs \$4 Assorted Sandwiches/ \$8 Wraps Southern Caesar Salad \$7