

March Alumna Spotlight

Tanya Castagna '92



This month's spotlight shines on Tanya Castagna '92. Mrs. Castagna currently lives in Sardinia, Italy with her husband and two children. She grew up in the Little Italy neighborhood of Baltimore. After graduating from Catholic High, she attended Stevenson University and earned a bachelor's degree in nursing. Mrs. Castagna then gained experience in the operating rooms at Johns Hopkins Hospital and worked there for three years. She currently works as an operating room nurse at the University Hospital of Cagliari in the capital city of the island of Sardinia.

Mrs. Castagna recently spoke with The Baltimore Sun about her experience living and working in one of the countries most greatly impacted by the coronavirus outbreak and offered some advice to Americans. "Being in quarantine has helped me in so many ways. It's allowed me to stop and to reflect a little on the real importance of life, which is the fact that I am here and healthy. The rest seems useless in these difficult days. ... The sooner you cooperate the sooner you will be able to rebuild your life again. There is a famous phrase being said all over Italian social media which is, 'Tutto andrà bene,' which means, 'Everything will be OK,' and it will be with time." [Read the interview from The Baltimore Sun by clicking here.](#)